

Dr.Pravesh Kanthed is one of the rare physician who is an Interventional Spine & Pain Specialist & Head of Interventional Spine & Pain Centre at Choithram Hospital & Research Centre, Indore.

After completing his graduation, he did specialization in Anaesthesiology from the prestigious Manipal University and mastered the specialty at Sir Gangaram Hospital, New Delhi. Soon he realized that the most under treated complaint of patients across India are having is PAIN and it would be divine to help someone in pain. To excel in his passion of giving pain free life to his patients, he did his super specialization in Pain Management and was awarded with the most prestigious Fellowship in Pain Management (FIPP) by the World Institute of Pain (USA).

His passion for providing pain relief has only grown in last 11 years of his Pain Practice at Choithram Hospital & Research Centre, Indore.

He has conducted various cadaveric & live workshops regarding Interventional Pain Management & is actively involved in teaching & training of budding Pain Physicians. His clients include many Doctors & their relatives & referrals from innumerable patients who themselves found relief & avoidance of surgery altogether.

As a part of his social responsibility, Dr. Kanthed has been instrumental in spreading pain awareness among general public & is a public awareness speaker at various social forums regarding pain management.

His area of interest is chronic spine pain, including non-surgical treatment for slip disc, sciatica, cervical spondylosis, canal stenosis & failed back surgery syndrome.

He is the 1st in Central India to have started dedicated centre for Pain Management offering Percutaneous discectomy using Dekompressor, Nucleotomy & Ozone Nucleolysis and Percutaneous Transforaminal Endoscopic Discectomy under Local Anaesthesia & Spinal Cord Stimulation. He has keen interest in managing and helping patients with Cancer Pain.

Dr. Kanthed has more than 8000 procedures from the basic to the most advanced in the last 11 years to his credit.

Our motto is to reduce the pain as much as possible & to improve overall quality of life through minimally invasive procedures thereby preventing the need for surgery.

“No one should live with Pain & no one should die of Pain”